



Polio Lebanon Short Training Module Child Health Mobilizers

*One-day trainings from
23-27 June 2014*

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Polio Lebanon

Short Training Module

Child Health Mobilizers

One-day trainings from 23-27 June 2014

Training day objectives:

By the end of the training the participants should be able to:

- Understand polio's symptoms and lifelong effects;
- Understand polio's basic transmission routes;
- Understand the urgency of the outbreak and the need for immediate action to protect children;
- Understand the need for multiple doses of OPV to prevent polio;
- Understand the difference between OPV and IPV vaccination and the need for OPV in addition to IPV;
- Understand the age groups for polio vaccination and contraindications;
- Understand the causes of under-immunization and campaign non-participation in Lebanon;
- Understand the modalities of the Summer Immunization Weeks and the autumn National Immunization Days;
- Understand the concept of vulnerability and the rationale behind the Child Health Mobilizer network;
- Understand the basic principles of Inter-Personal Communication
- Be familiar with the Family Cards as a means of passing accurate polio information and risk awareness onto families;
- Be able to answer difficult family questions on polio using the cards as a technical guide;
- Be prepared to convey polio information to families in an emotional, non-technical way;
- Have a Qada-based "team plan" to provide trainings on polio to families in vulnerable sites, track unimmunized children and support Summer Immunization Weeks starting 15 July, 15 August and 15 September respectively in 118 Cadastres.

Participants:

- Child Health Mobilizer Network Zonal Focal Points (maximum 30)
- Focal points from other NGO partners (maximum 10)
- Nominated PHC staff (maximum 10)

Presenters:

- UNICEF C4D Officer
- Zonal H&N Officer
- IPC Expert

Materials Required:

- Simultaneous translation
- Projector
- Whiteboard/flip chart
- Masking tape
- 7 Flipchart pads and 14 marker pens (one for each table)
- Family Information Cards (digital and 60 print)
- Ppt slides digital arabic: (i) CHM Training Presentation; (ii) IPC 5 Steps to Success (iii) Iron lung
- Ppt slides print in English 10 copies
- 7 Question Boxes with 10 questions inside
- 15 Zonal priority maps A1
- 60 CDs with (i) Training Module Eng & Arabic, (ii) Zonal maps, (iii) Family Information Cards Eng & Arabic, (iv) Ppt slides 5 Zonal versions Eng & Arabic & 5 Steps to Success Eng & Arabic, (v) Polio Top Ten Questions Eng & Arabic

Time period:

930am – 415pm

SESSION 1

930am Introduction and objectives

Time: 30 mins

Format: Introduce your neighbour

Facilitator: C4D Specialist

Tools: Flip chart

Facilitator Guide

Thank all for their attendance and stress the urgency and importance of the day.

To get to know everyone, explain that the participants will be introducing each other. The participants should interview each other and then introduce each other in 15 seconds or less.

After 5 minutes of introductions between the participants, the Facilitator asks each person to introduce his or her neighbour by making three statements:

- 1. The name of the person and the organization they work for.*
- 2. Why they chose to work in their job and what they enjoy about it.*
- 3. What they wish to learn from this training.*

The Facilitator should be the first to introduce themselves as an example to participants. Afterwards, go round the room noting objectives on the Flip Chart. After all the introductions, read down the flip chart objectives.

SESSION 2

10:00am Polio awareness Q+A

Time: 45 mins

Format: Interactive presentation + discussion

Facilitator: C4D Specialist

Tools: Flip chart & images of iron lung

Facilitator Guide

WHAT IS POLIO? Start by asking if anyone knows anyone who has ever had polio. IF YES, ask them to describe their experience. IF NO, then ask what challenges a paralyzed person faces. Ask if anyone knows how long polio has been gone from the region. Explain that polio is caused by a virus that spreads from person to person. It has been nearly 15 years and people have forgotten polio.

WHAT DOES POLIO DO? Draw a rectangular box on the Flip Chart. Ask if anyone knows what it is. Participants should guess. Then draw a head outside the box as if a person is inside, looking unhappy. Draw a body and legs inside the box. Participants should still be guessing. Finally, show a graphic image of iron lungs. Explain that polio took the lungs of these children and some could never breathe again. Some people have spent their whole lives in these boxes. Ask what would happen in Lebanon if a child got this kind of polio. Explain that they could not go into an iron lung – instead, they would go into the ground. Draw a child with a deformed leg and explain that polio is an evil disease that takes legs and arms and life. Once it is inside you there is no treatment or cure.

HOW DOES POLIO SPREAD? Ask the group how polio spreads. Draw three shapes on the flipchart – a river, a child and an airplane. Explain that the virus travels in the intestines and can spread from child to child or in water contaminated by sewage. Polio can also travel by air and doesn't need a passport!

HOW DID POLIO GET HERE? Ask if they know how polio came here. Draw Lebanon and other countries around it. Draw a dotted line coming in from outside the region. Explain that polio was brought to the region by an infected person from another region and the whole Middle East is mobilizing to stop an outbreak.

WHAT CAN WE DO TO STOP POLIO? Ask what the solution to polio is. Then draw two drops on the board. Explain that polio used to paralyze and kill 1,000 children every day in 125 countries. These drops have nearly eliminated polio. They can protect our children. Ask if they know how the drops work. Then draw a wall on the flip chart, made out of bricks. Every drop is a brick. Ask how many bricks it takes to make a wall. One? Two? Three? Ask how high do they want their walls to be? Explain that there is no overdose and every drop makes the wall higher. Explain that IPV cannot make the wall inside the gut, where the virus lives. It may protect you from paralysis but the virus can still enter you and spread to others.

WHO NEEDS TO GET THE DROPS? Explain that every child under 5 years old needs the drops multiple times. Ask if sick children or newborn children should be immunized too. Explain that these children need the drops most of all. They are safe, effective and provided by the MoPH supported by UNICEF. A newborn can take only two things in its mouth – mother's milk, and the polio drops. To stop polio means getting these drops into the mouths of children under 5 multiple times, because every child takes a different number of drops to be safe, particularly if they are malnourished or have diarrhoea. Older children will be protected if all under 5s take the drops. 11:00am Coffee break

SESSION 3

11:15am Why do children miss vaccination?

Time: 1 hour

Format: Presentation, working groups & discussion

Facilitator: C4D Specialist

Tools: Presentation on Polio Communication.

Facilitator Guide

Present the slides 1-4 of the CHM training presentation, focusing on region-specific reasons for non-vaccination.

Stress that the reasons for non-vaccination in Lebanon are all about lack of knowledge.

Ask participants if it matters if doses are missed. Remind them that each child is trying to build a wall against the virus. If you take bricks out of a wall, what happens to the wall?

Ask the groups in tables to discuss why they think people don't come for the polio vaccination in this specific region and what would be the best solution to these problems.

Returning to the plenary, ask for feedback from the group. Write their responses on the board.

12:30pm LUNCH

SESSION 4

1:30pm Successful communication with families about polio
Time: 1 hour
Format: Role play, presentation, review of training materials, game
Facilitator: IPC Expert
Tools: Actors for sessions. Boxes with 10 questions inside. Family Information Cards

Facilitator Guide

Open with role play showing two different forms of bad IPC. Ask one of the other facilitators to support the role play. Ask the participants to give their views afterwards.

ROLE PLAY 1 – TOO BUSY AND IMPATIENT: *Play out a scene in which the mobilizer has too many things to talk about in one promotion session - hygiene promotion, polio and birth registration. She moves through the subjects too quickly. When the other facilitator tries to ask questions, she brushes the questions aside. She uses too much technical information and the other facilitator is confused.*

ROLE PLAY 2 – INCORRECT INFORMATION: *Play out a scene in which the mobilizer does not know the right information but tries to answer the questions anyway. She says that polio is carried in the air and that if you feel sick the vaccine will cure you. The facilitator playing the mother must be aggressive and hostile. She says that if the child gets sick after the vaccine she will find the mobilizer and demand money*

After the role play, ask for views on the sessions. What worked and what didn't work? Show the slide on the "5 Steps to Success for IPC". Ask for feedback on their experience – what works to convince families.

FAMILY INFORMATION CARDS: *Go through the cards one by one. Then ask the tables to play a game. In the centre of the table is a box with 10 questions on polio. One person is nominated to select the first question from the box and one person to answer. Then another person asks and another person answers, until the box is empty. The participant answering the question should use the cards to find the right information, and other participants should check his or her answer.*

Leave 15 minutes for plenary. Ask - what is easy? What is difficult? What is hard to remember? What is easy to remember? Return questions to the box.

Then practice presenting the pages as if in a training. Ask for volunteers to present one card each. Replay each exercise until the volunteer learns to present in a "Q+A" form. Ask them to experience the difference between

SESSION 5

2:30pm Child Health Mobilizer network

Time: 30 mins

Format: Presentation & group discussion

Facilitator: Zonal H&N Officer

Tools: Presentation on Child Health Mobilizer Network

Facilitator Guide

Refresh slides 3 & 4 of the Child Health Mobilizer presentation and present slides 4-14 focusing on the rationale for and activities of the network. Stress we are building a team together, to work together and coordinate better.

In the plenary, answer any questions about the network. Ask if anyone has any additional activities to suggest that would work better. Write additional activities on the board.

UREPORT SYSTEM: *Explain the UREPORT SMS system. Members of the Child Health Mobilizer Network will be asked to provide their telephone numbers to UNICEF through their organization. UNICEF will then text them and invitation to join UNICEF's SMS system. IF THEY REPLY "YES" then all SMS messages to UNICEF afterwards are FREE. Child Health Mobilizers should SMS UNICEF when they find unvaccinated children AS WELL AS calling the local PHC. The information will be passed onto the Qada doctors to help us understand where children are not being reached in Lebanon.*

3:00pm Coffee break

SESSION 6

3:15pm Making a team mobilization plan

Time: 45 mins

Format: Working groups and presentation

Facilitator: Zonal H&N Officer

Tools: Zonal High Risk Area Maps (2 per table) and flipchart for feedback

Facilitator Guide

Ask that each group nominate a chairperson to facilitate and record the group's ideas on the flipchart pad. If Public Health Officials are present, ask them to chair. Ask the teams to make a list of activities and priorities for pre-campaign mobilization, support for vaccination days and tracking of missed children. Ensure that each table has at least 2 Zonal maps of High Risk Areas for Summer Immunization Weeks.

After 30 minutes, bring the teams back to the plenary. Ask for short presentations on their ideas. Their flipchart pad can be added to the group flipchart. A brief Q&A should follow each presentation.

Congratulate the teams on their ideas and commitment.

SESSION 7

4:00 pm Review and wrap up

Time: 15 mins

Format: Q+A

Facilitator: C4D specialist

Tools: Presentation, CDs with training materials

Facilitator Guide

Thank the teams for their work. Ask each table to volunteer to give an example of something interesting they learned today, and what they are most looking forward to doing now. If no-one speaks, nominate someone.

Show slides 15 + 16 of the Child Health Mobilizer Presentation on next steps. Inform all participants that the training materials and module are available on the CDs.

Ask for any final questions and then applaud the group, and say goodbye!

MODULE ENDS